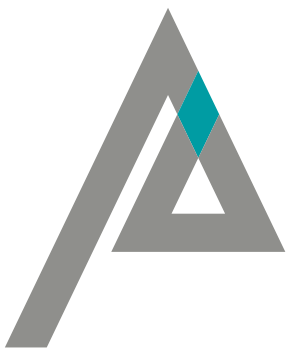


OUTSTANDOR



**VIVARCH
ENRICHMENT**

PROGRAMME GUIDE



Vivarch Enrichment Group comprises of integrated enterprises specialising in a holistic approach towards enrichment programmes, whilst still keeping in line with the Ministry of Education's directions and visions.

Vivarch's programmes nurture individuals of every level by providing them with holistic exposure and appreciation of the arts; increased productivity and global competitiveness through education and technology, fitness and well-being through sports and personal development and self-realisation through life skills.

BUILDING COMPETENCIES; FOR GROWTH & DEVELOPMENT

Vivarch strongly believes in both the cognitive and physical development of a child to be highly essential for their future. The constant progression of the quality and effectiveness of a child's education is crucial in meeting the demands of tomorrow's complex and dynamic world.

Keeping in line with MOE's recent implementation to enhance the development of the 21st century competencies in children, Vivarch not only provides quintessential enrichment programmes but also instills values and key social and emotional competencies that will prepare our learners for their journey ahead. Our programmes will constantly inculcate in them values such as respect, responsibility, as well as skills such as critical and inventive thinking, civic literacy and global awareness through key teachable moments during the lessons.

Hence, we take great pride in our extensive range of holistic programmes which focus on the growth and development of a child, so that they will do us proud and become confident and active contributors in the world tomorrow.

AT VIVARCH, WE ENLIVEN, ENRICH AND EMPOWER!





OUTSTANDING

Outdoor education is a means of achieving the desired outcomes of education through guided direct experience in the outdoors as outlined by the Ministry of Education.

In line with the Ministry of Education's (MOE) direction, Outstandor aims to achieve the objectives that programmes must be interesting, creative, fun and with the essence of experiential learning that will reach the heart of every student.

Outstandor has been actively supporting MOE's Programme for Active Learning (PAL) in many Primary schools. The hallmarks of these programmes include quality and customised programmes with the tenets of fun, adventure, creative thinking, social emotional learning, character building, leadership and teamwork.

Outstandor, being one of the top outdoor service providers, ensures that all programmes will provide an opportunity for experiential learning, allowing participants to display and develop excellent soft skill abilities. Our programmes also create an excellent environment and inspire participants to be capable and caring individuals.

ROOTS SERIES

- Exploratory Programme
- Outdoor Fundamental Course
- Giant Games
- Build It
- Theme Camps

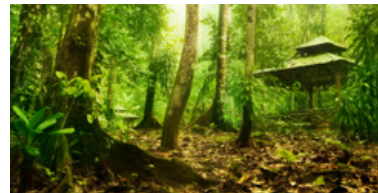
BRANCH SERIES

- Self-Directed Hike
- Outdoor Fundamental Course
- Back to Basics
- Adventure Camps
- Subject Based Camps

LEAF SERIES

- War Games
- Nomads Programme
- O.A.R (Outdoor Adventure Race)
- B.A.T Programme (Be A Trainer)
- Pursuits

ROOTS SERIES



This programmes in this series are focused on building the foundations of Outdoor Education and Adventure. It allows the participants to be engaged in various outdoor activities that challenges them in multitudes of elements.

Participants will be exposed to the different aspects of outdoors not limited to just sleeping in a tent outdoors. They will need to exercise their social skills as well as creativity in order to complete the activities.

EXPLORATORY PROGRAMME

DAY/OVERNIGHT

This programme will provide the participants with a platform for them to harness their curiosity via exploration and to build teamwork. Participants will be given challenges where their collective ideas and innovative problem solving skills will be put to test.

At the end of this programme, participants will understand how to read maps using coordinates and work together as a team in achieving the desired outcome. They will be more aware of the careful steps needed when collating data.

MODULES

- Basic Orienteering
- Sampling
- Awareness (Surroundings)
- Communication

HIGHLIGHTS

- Role playing (according to the storyline)
- Visiting a local park/beach
- Learning to use coordinates and applying the skill
- High/Low Ropes Course Elements (optional)

OUTDOOR FUNDAMENTAL COURSE

This programme will provide the participants with a platform for them to explore the various basic skills required to 'survive' the outdoors. Multitude of skills will be taught to the participants and they will then be put to test.

At the end of this programme, participants will understand the different basic outdoor skills set required and be able to apply it in the competition that will be set at the end of this programme.

MODULES

- Map Reading
- Tent Building
- Basic Outdoor Cooking
- Fundamental First Aid
- Knots And Lashing

HIGHLIGHTS

- Understanding fire safety
- Exploring different knots and its uses
- Hygiene
- Exploring using maps
- Cooking food
- Competition at the end of the lesson to solidify learning

GIANT GAMES

This programme will give participants the opportunity to challenge themselves in a teambuilding activity like no other. Blending classic board games into activities that will focus on communication, teambuilding and even leadership

At the end of this programme, participants will be engaged in a competitive board game challenge where their teamwork and communication skills are put to the test.

MODULES

- Communication
- Teambuilding
- Leadership
- Time Management

HIGHLIGHTS

- Giant Jenga
- Snakes and Ladders
- Battleship
- Scrabble

BUILD IT

This programme will challenge participants in both their creativity as well as understanding the building blocks of engineering. Participants will go through series of modules where they will explore the fundamentals in making a sound structure.

At the end of this programme, participants will have a greater understanding of the importance of shapes in building of structures and the various mixtures of materials. Participants will also learn that the materials used may either strengthen or weaken the structure and therefore learn to choose the right material for each part of their structure.

MODULES

- Shapes and its importance
- Resource Management
- Time Management
- Material sourcing

HIGHLIGHTS

- Building a model structure (Bridges/Skycrapers/ Roller Coasters etc)
- Understanding the importance of building a firm foundation
- Exploring of different materials
- Understanding Knots and its uses

THEME CAMPS

This programme will allow participants to channel their creativity and be immersed into a world of fantasy and adventure. They will go through challenges that are related to the theme of the camp and be in role-play mode for the duration of the camp.

At the end of this programme, participants will develop a deeper understanding of the importance of knowing the strengths and weaknesses of every member of the group to be able to complete tasks/challenges they face.

MODULES

- Pirate Theme
 - Map coordinates
 - Pirate games
 - Treasure hunting
 - Pirate wars
- Super Heroes Theme
 - Understanding strengths and weaknesses
 - Problem solving
 - Time management
 - High/Low ropes course elements

BRANCH SERIES

This programmes in this series are focused on further developing the skills set of participants with some basic knowledge of Outdoor Education and Adventure. It allows the participants to be engaged in various outdoor activities that further challenges them to advance to a higher level.

Participants will be exposed to an intermediate level of difficulty in the activities. This then allows for the participants to think out of the box solutions for some situations.

SELF-DIRECTED HIKE

This programme will give participants the opportunity to experience a different approach of learning. Different from the learning through a teacher, this programme allows for participants to learn more about the places of interest in Singapore through their own journey which the participants will choose.

At the end of this programme, participants will visit 2-3 of Singapore's Outdoor Icons (Southern Ridges/ Marina Barrage/Chek Jawa). Apart from this, they will be exposed to cooking their own lunch using mess tins and solid fuel and be semi self-sufficient throughout the hike.

MODULES

- Orienteering
- Information Search and Gathering
- Outdoor Cooking
- Importance of Planning Ahead
- Resource Management

HIGHLIGHTS

- Kite Flying / Water play at Marina Barrage
- Cooking in the outdoors
- Visiting Chek Jawa, Marina Barrage, Southern Ridges
- Travel via public transport



OUTDOOR FUNDAMENTAL COURSE

This programme will allow participants to be in control of all decisions. They are given the opportunity to strategise their movements throughout a race and plan out the best strategy to reach their goal whilst having to complete different checkpoint activities along the way. Fully customisable to fit the school's direction, R.A.T Race can be conducted within the school grounds, at major parks or even as an island race.

At the end of this programme, participants will understand the importance of making sound decisions and to have a consensus decision of every step they make. They will experience frustrations of bad planning, plans that do not go their way and learn to adapt and make changes according to situations.

MODULES

- Sound Decision Making
- Conflict Management
- Importance of Planning
- Time Management

HIGHLIGHTS

- Trust building
- Blindfolded activities
- Time critical activities
- Resource Management

BACK TO BASICS

This programme will give participants the opportunity to go "Back to Basics". Equipped with the bare minimum, participants will be taught survival outdoor skills they would require in the event of them being lost or stranded in a jungle.

At the end of this programme, participants will be engaged in activities that tests their survival instincts and their sense of urgency. Participants will be tested at the end of programme on the various skills taught to ensure full retention of the skills learnt.

MODULES

- Fire Starting without Use of Matches/Lighter
- Outdoor Cooking Using Minimal Equipment
- Makeshift Shelter Building
- Understanding Terrain and Importance of Packing

HIGHLIGHTS

- Final lesson done at Pulau Ubin
- Usage of flints
- Situational Learning
- Building of shelters using only equipment packed

ADVENTURE CAMPS

This programme will give participants the opportunity to experience an adventure camp like no other. Apart from the standard activities that are found in an adventure camp, participants will also be able to try-out new experiences and challenge their fears.

At the end of this programme, participants will be engaged in various adventure activities that will place them 'out of their comfort zones' and allow them to face it with the proper guidance.

MODULES

- Orienteering
- High/Low Elements
- Leadership/Teambuilding
- Effective Communication
- Experiential Learning
- Self Confidence and Trust

HIGHLIGHTS

- Challenge Rope Course
- Game of LOST
- Situational Learning
- Land Expedition



SUBJECT BASED CAMPS

This programme will allow participants to experience a camp like no other. From a list of various subjects, participants will go through hands on experiments while being taught on the different concepts/theories allowing for a very interactive approach towards learning.

At the end of this programme, participants will further understand the concepts taught through the activities that are fully customisable according to the subject chosen for the camp.

MODULES

- Flight
 - Aerodynamics
 - Wing design
 - Weight/thrust ratio
 - Inner workings of gliders
- History (National Education)
 - Information gathering
 - Map coordinates
 - Proper excavation techniques
 - Evidence collection

HIGHLIGHTS

- Final lesson done at Pulau Ubin
- Usage of flints
- Situational Learning
- Building of shelters using only equipment packed

LEAF SERIES

This programmes in this series focus on honing and refining the skills set of the participants. They will go through activities that challenge their physical and mental capability and give them an opportunity to break barriers they may not know even existed.

Participants will be exposed to an advanced level of difficulty in the activities. This then allows for the participants to come out with creative solutions and critical decision making skills.

WAR GAMES

This programme will allow participants to experience first-hand the importance of critical and quick thinking, communication and planning of strategies. It provides participant a scenario where thinking on their feet and constant communication with their teammates would either mean a win or a loss for their team.

At the end of this programme, participants will understand the importance of making sound decisions, effective communication in a team. The participants would also better understand the importance of planning and having multiple options to their plans so as to not be caught by surprise.

MODULES

- Sound Decision Making
- Conflict Management
- Effective Communication
- Importance of Planning

HIGHLIGHTS

- Water Guns
- Building of Medieval War Machines such as Trebuchets / Catapult / Battering Rams (Level 2)
- Paintball (Level 3)
- Scenarios are placed for different games and activities and are introduced whilst games are played

NOMADS PROGRAMME

This programme will allow participants to experience the life of a Nomad. Living self-sufficient and using nature as its tools, participants will go through a myriad of activities where they will further enhance their proficiency in surviving in nature.

At the end of this programme, participants will be exposed to various activities that focus on how some nomadic tribes live. From cooking their meals to building shelters, participants will understand the deeper meaning of this programme which is to be appreciative of the things they have and don't.

MODULES

- Backwoodsman Cooking
- Makeshift Shelter Building
- Navigation (without the Use of Compasses)
- Resource Management

HIGHLIGHTS

- Cooking meals using orange peels, pineapples etc.
- Building of make shift shelters using minimal equipment
- Using the skies and other means of navigational tools
- Customisable to include a three days camp

O.A.R (OUTDOOR ADVENTURE RACE)

This programme will allow participants to experience Adventure Races. Different from the standard marathons or amazing race programs, O.A.R participants will go through tougher stations requiring strategic thinking and understanding the group dynamics. They will be challenged both intellectually and physically.

At the end of this programme, participants will develop deeper understanding and importance of knowing the strengths and weaknesses of every member of the group and to be able to complete tasks and challenges they face. They will understand that making sound decisions and to have a consensus decision of every step they make is important. They will experience frustrations of bad planning as well as plans that do not go their way and learn to adapt and make changes according to situation.

MODULES

- Belay System
- Basic First Aid
- Map Reading
- Time Management

HIGHLIGHTS

- Abseil
- Rock Climb
- Cycling
- Orienteering

B.A.T PROGRAMME (BE A TRAINER)

This programme will allow participants to be exposed to different aspects of being an adventure trainer. Using the skills set taught, participants will then be given a chance to challenge themselves to plan and execute a training workshop where groups will take turns to conduct the activities

At the end of this programme, participants will understand more about their career options with regards to the outdoor industry. They will be equipped with basic knowledge and facilitation skills to be a trainer.

MODULES

- Basic Facilitation
- Fundamental First Aid and Outdoor First Aid (Non certification module)
- Effective Communication
- Importance of Planning
- Game Leadership

HIGHLIGHTS

- Last lesson conducted at Pulau Ubin
- Participants given the chance to facilitate their own peers
- Scenario based challenges
- High/Low Elements

PURSUIITS

UPPER SECONDARY

This programme will provide participants a platform to acquire certification for the different Outdoor Pursuits. Certification is recognised by the issuing bodies of the relevant association(s).

At the end of this programme, participants who pass the required standard tests will acquire a Level 1 Sports Climbing and Level 1 Abseiling Certification. With those certifications, they can then choose to pursue a higher level certification and eventually be a high ropes trainer/specialist

MODULES

- Safety
- Equipment
- Belay Techniques
- Rope Handling
- Sport Climbing
- Self-Set-Up Abseil Line
- Certifications
- Introduction to Bouldering



VIVARCH ENRICHMENT GROUP IS REPRESENTED BY

Artelier
Dance Atelier
Dramaestro
Epitome Media
Feng Hua Zhan
Le Vine Connections
Life Champs
Music Icon
Outstandor
Passionista
Sports First
Studio Wu

Vivarch Enrichment Group is honored to have partnered with the following institutions in delivering an extensive array of holistic programmes from Dance to Music, Drama, Sports, Life Skills and more.

NORTH ZONE

Admiralty Primary School
Ahmad Ibrahim Primary School
Anchor Green Primary School
Anderson Primary School
Canberra Primary School
CHIJ St Nicholas Girls' Primary School
Chongfu School
Endeavour Primary School
Evergreen Primary School
Fuchun Primary School
Greendale Primary School
Greenwood Primary School
Huamin Primary School
Innova Primary School
Jiemin Primary School
Marsiling Primary School
Mee Toh School
Montfort Junior School
Nan Chiau Primary School
North Spring Primary School
North View Primary School
North Vista Primary School
Northland Primary School
Palm View Primary School
Peixin Primary School
Peiying Primary School
Qihua Primary School
Riverside Primary School
Riverside Primary School
Rosyth School
Sembawang Primary School
Seng Kang Primary School
Si Ling Primary School
South View Primary School
Wellington Primary School
Woodgrove Primary School
Woodlands Gardens School
Woodlands Primary School
Woodlands Ring Primary School
Xinmin Primary School
Xishan Primary School
Yio Chu Kang Primary School
Yishun Primary School
Admiralty Secondary School
Ahmad Ibrahim Secondary School
Anderson Secondary School
Bowen Secondary School
Canberra Secondary School
CHIJ St Joseph's Convent
Christ Church Secondary School
Chun Cheng High (Yishun)
Compassvale Secondary School
Deyi Secondary School
Evergreen Secondary School
Fuchun Secondary School
Greendale Secondary School
Hougang Secondary School
Marsiling Secondary School
Montfort Secondary School
Nan Chiau High School
Naval Base Secondary School
North View Secondary School
North Vista Secondary School
Northbrook Secondary School
Orchid Park Secondary School
Pei Hwa Secondary School
Punggol Secondary School
Presbyterian High School
Sembawang Secondary School
Seng Kang Secondary School
Serangoon Secondary School
Si Ling Secondary School
Singapore Sports School
Spectra Secondary School
Woodlands Secondary School
Woodland Ring Secondary School
Xinmin Secondary School
Yio Chu Kang Secondary School
Yishun Secondary School
Yishun Town Secondary School
Anderson Junior College
Innova Junior College

SOUTH ZONE

Ai Tong School
Ang Mo Kio Primary School
Anglo-Chinese School (Junior)
Anglo-Chinese School (Independent)
Anglo-Chinese Primary School
Balestier Hill Primary School
Bendemeer Primary School
Blangah Rise Primary School
Cantonment Primary School
Catholic High School (Primary)
Cedar Primary School
CHIJ (Kellock)
CHIJ Our Lady of Good Counsel
CHIJ Primary (Toa Payoh)
Da Qiao Primary School
Fairfield Methodist School (Primary)
Farrer Park Primary School
First Toa Payoh Primary School
Gan Eng Seng Primary School
Ghim Moh Primary School
Guangyang Primary School
Holy Innocents' Primary School
Hong Wen School
Jingshan Primary School
Kheng Cheng School
Kuo Chuan Presbyterian Primary School
Marymount Covent School
Mayflower Primary School
New Town Primary School
Parry Primary School
Pei Chun Public School
Pei Tong Primary School
Queenstown Primary School
Radin Mas Primary School
Raffles Girls' Primary School
River Valley Primary School
Singapore Chinese Girls' School
Stamford Primary School
St Andrew's Junior School
St Anthony's Canossian Primary School
St Gabriel's Primary School
St Margaret's Primary School
Stamford Primary School
Teck Ghee Primary School
Townsville Primary School
Upper Serangoon Secondary School
Xinghua Primary School
Yangzheng Primary School
Zhangde Primary School
Zhonghua Primary School
Ang Mo Kio Secondary School
Anglo-Chinese (Independent)
Anglo-Chinese School (Barker Road)
Balestier Hill Secondary School
Bartley Secondary School
Beatty Secondary School
Bendemeer Secondary School
Bishan Park Secondary School
Bukit Merah Secondary School
Catholic High School (Secondary)
CHIJ Secondary (Toa Payoh)
CHIJ St Theresa's Convent
Chong Boon Secondary School
Crescent Girls' School
Fairfield Methodist School
First Toa Payoh Secondary School
Gan Eng Seng School
Henderson Secondary School
Holy Innocents' High School
Jin Tai Secondary School
Kent Ridge Secondary School
Kuo Chuan Presbyterian Secondary School
Mayflower Secondary School
Northlight School
Outram Secondary School
Pathlight School
Peicai Secondary School
Holy Innocents' High School
Peirce Secondary School
Queenstown Secondary School
Queensway Secondary School
Raffles Girls' School (Secondary)
Raffles Institution
Rainbow Centre - Margaret Drive
Serangoon Garden Secondary School
St Andrew's Secondary School
St Joseph's Institution
St Margaret's Secondary School
School of the Arts (SOTA)
Whitley Secondary School
Yuying Secondary School
Zhonghua Secondary School
Nanyang Junior College
National Junior College

EAST ZONE

ASPEN Katong School
Bedok Green Primary School
Bedok West Primary School
Canossa Convent Primary School
Casuarina Primary School
Changkat Primary School
CHIJ (Katong) Primary School
Chongzheng Primary School
Coral Primary School
Damai Primary School
East Coast Primary School
East Spring Primary School
East View Primary School
Eunos Primary School
Fengshan Primary School
Geylang Methodist School (Primary)
Gongshang Primary School
Griffiths Primary School
Haig Girls' School
Junyuan Primary School
Kong Hwa School
Loyang Primary School
Maha Bodhi School
Meridian Primary School
Ngee Ann Primary School
Opera Estate Primary School
Park View Primary School
Pasir Ris Primary School
Paya Lebar Girls' School (Primary)
Poi Ching School
Qiaonan Primary School
Red Swastika School
St Anthony's Canossian Primary School
St Hilda's Primary School
St Stephen's School
Tampines North Primary School
Tampines Primary School
Tanjong Katong Primary School
Tao Nan School
Telok Kurau Primary School
White Sands Primary School
Yu Neng Primary School
Yumin Primary School
Anglican High School
Bedok Green Secondary School
Bedok North Secondary School
Bedok South Secondary School
Bedok Town Secondary School
Bedok View Secondary School
Broadrick Secondary School
Cedar Girls' Secondary School
Chai Chee Secondary School
Changkat Changi Secondary School
CHIJ Katong Convent
Chung Cheng High (Main)
Coral Secondary School
Damai Secondary School
Dunman High School
Dunman Secondary School
East Spring Secondary School
East View Secondary School
Geylang Methodist School (Secondary)
Greenview Secondary School
Hai Sing Catholic School
Junyuan Secondary School
Loyang Secondary School
Macpherson Secondary School
Manjusri Secondary School
Ngee Ann Secondary School
Pasir Ris Crest Secondary School
Paya Lebar Methodist Girls' School (Secondary)
Ping Yi Secondary School
Siglap Secondary School
Springfield Secondary School
St Anthony's Canossian School
St Hilda's Secondary School
St Patrick's School
Tampines Secondary School
Tanjong Katong Secondary School
Temasek Secondary School
Victoria School
ITE Bedok
ITE Macpherson
ITE Tampines
Tampines Junior College
Temasek Junior College
Victoria Junior College
Metta School

WEST ZONE

Beacon Primary School
Boon Lay Garden Primary School
Bukit Timah Primary School
Bukit View Primary School
Chua Chu Kang Primary School
CHIJ Our Lady Queen of Peace
Clementi Primary School
Concord Primary School
Corporation Primary School
Dazhong Primary School
Frontier Primary School
Fuhua Primary School
Greenridge Primary School
Henry Park Primary School
Jin Tai Primary School
Jurong Primary School
Jurong Town Primary School
Jurong West Primary School
Juying Primary School
Kemeng Primary School
Kranji Primary School
Lakeside Primary School
Lianhua Primary School
Methodist Girls' School (Primary)
Nan Hua Primary School
Nanyang Primary School
Paya Lebar Methodist Girls' School (Primary)
Pei Hwa Presbyterian Primary School
Pioneer Primary School
Princess Elizabeth Primary School
Qifa Primary School
Rulang Primary School
Shuqun Primary School
South View Primary School
St Anthony's Primary School
Teck Whye Primary School
Unity Primary School
West Spring Primary School
West Grove Primary School
West View Primary School
Xingnan Primary School
Yew Tee Primary School
Yuhua Primary School
Yung An Primary School
Zhenghua Primary School
Assumption Pathway School
Boon Lay Secondary School
Bukit Batok Secondary School
Bukit Panjang Government High
Bukit View Secondary School
Chestnut Drive Secondary School
Chua Chu Kang Secondary School
Clementi Town Secondary School
Clementi Woods Secondary School
Commonwealth Secondary School
Crest Secondary School
Dunearn Secondary School
Fajar Secondary School
Fuhua Secondary School
Greenridge Secondary School
Hillgrove Secondary School
Hwa Chong Institution
Jurong West Secondary School
Jurongville Secondary School
Juying Secondary School
Kranji Secondary School
Methodist Girls' School (Secondary)
Nan Hua High School
Nanyang Girls' High School
New Town Secondary School
Pioneer Secondary School
Regent Secondary School
Shuqun Secondary School
Swiss Cottage Secondary School
Teck Whye Secondary School
Unity Secondary School
West Spring Secondary School
Yuan Ching Secondary School
Yusof Ishak Secondary School
Zhenghua Secondary School
River Valley High School
Anglo-Chinese Junior College
Grace Orchard School
ITE West Clementi
National University of Singapore
Millenia Institute
Ngee Ann Polytechnic
Pioneer Junior College
Jurong Junior College

CORPORATE

National Library Board
South West CDC
Health Promotion Board
Singapore Prison Services
Girls' Home
Boys' Home
Building and Construction Authority
People's Association
KPMG

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